

Dynamic Duo

Dress up like superheroes and 'save the world'.



Adult supervision essential

Involve and talk with your child as much as possible.

SIMPLE 'SUPER' SUIT

You will need:

- 2 tea towels (brightly coloured)
- photocopied template on thin card
- hat elastic (30cm per mask)

Instructions

1. Cut out mask shapes.
2. Make small holes where shown.
3. Tie lengths of hat elastic through holes, adjusting to fit first.
4. Tie tea towels around your necks for capes.

Ideas

Decorate or colour masks before wearing.

Make up your own superhero with special superpowers.

super hero masks

for parent and child

