

# ACTIVITY TIME

## Boo!

Margaret Wild and Andrew Joyner

Most babies will love the element of surprise that a game of peek-a-boo brings and it seems to always bring a smile to their face! Playing games together builds nurturing relationships and develops communication and language skills.

There are lots of fun ways you can play peek a boo with your baby. While sitting opposite your baby try holding up a piece of cloth or sheet to pull up and down in front of your face as you say 'peek-a-boo!'

### Peek-a-boo!

#### You will need:

- You and your baby.

#### What to do:

1. Hide behind a door or a cushion and pop your face out again and say 'peek-a-boo'!
2. You can hide a toy or object under a blanket and then lift the blanket and say 'peek-a-boo'!
3. Sit opposite from baby, cover your face with your hands then open them and say 'peek-a-boo'!
4. When you dry your baby off after bathtime, use the towel to hide your face and then show your face again and say 'peek-a-boo'!
5. Use a puppet or teddy to hide behind your back, bring it out again and say 'peek-a-boo'!

As your baby grows they will continue to enjoying playing peek-a-boo with you and will begin to hide their own face and learn to say 'peek-a-boo'!

#### Song to sing

##### Peek-a-boo Song

Where is Baby? Where is Baby?

Where is Baby?

Peek-a-boo!

Where is Baby? Where is Baby?

I see you!

#### Key message:

The brain develops from use.



**Adult supervision is required at all times when children play or are around water.**

