



SHAKE ME: RED

By Natalie Marshall

Shake, rattle and roll! *Shake Me: Red* is an engaging book for babies. With rhyming text, bold high contrast illustrations and a fun little rattle to shake. This book is perfect to read, to play with and take with you while you are out and about. It is a light but sturdy book making it easy for your baby's hands to explore and enjoy.

Ribbon Shaker

You will need:

- Ribbons
- Sticky tape
- Cardboard roll.

What to do:

1. Cut ribbon in to lengths of about 20cms
2. Secure to cardboard roll with sticky tape
3. Show your baby how to hold and move their ribbon shaker.
4. You might like to make 2 shakers so that your baby can hold one in each hand.
5. Make one for yourself too, and play with your baby. Shake up high, shake down low and gently shake ribbons over your baby's hands and fingers.

More ideas

Experiment with noise by making rattles that make different sounds. Choose a small plastic bottle, or use a baby bottle that you no longer need. Add a few items inside the bottle so that when your baby shakes it they can hear noise.

TIP: Only fill the bottle to $\frac{1}{4}$ so that there is room to shake

Safety note: make sure you secure lid of the bottle so that your baby cannot open it. Always supervise your baby while playing with this toy.

Songs to sing

Open Shut Them, The Wheels on the Bus and Round and Round the Garden.

Key message:

Children learn from watching and copying.



Adult supervision is essential. Involve and talk with your child as much as possible.

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