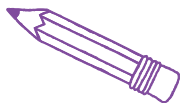


ACTIVITY TIME

Featured Stories Program

books
for
toddlers



Book title: **SOME MUMS**

By Nick Bland

I love you because...

You will need:

- Paper
- Crayons or textas
- Scissors.

Instructions:

1. Print out 2 templates
2. Use a range of colours and textures to create a card for someone special
3. Talk with your child about their 'someone special'. What makes them special? Help your child to write inside their card. You can make a card for your child, writing inside what makes them special and important to you.
4. Deliver the cards!



Adult supervision is essential. Involve and talk with your child as much as possible.

Further information

Positive self-esteem and confidence are qualities that are developed throughout childhood. To help your child have a good sense of wellbeing it's important to make your child feel valued and cared for.

Recognise and tell your child what makes them special. Tell them how much you love when they share their toys, when they try something new, or when you both share a big cuddle. Praise the attempt rather than a result – this helps to encourage children to try again another time.

Some extension ideas for this activity would be to use photographs, cut outs from magazines or catalogues of favourite items. Why not make an envelope, attach a stamp and take a walk with your child to the post box and mail the letters, your child will love to receive their letter a few days later.

Songs

Cuddly Koala and Teddy Bear, Teddy Bear, Turn Around.

Key message

Children's wellbeing is critical to brain development and learning.

Find booklists, tip sheets, nursery rhymes and activity and learning time sheets @

thelittlebigbookclub.com.au



