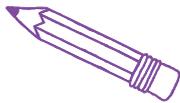


ACTIVITY TIME

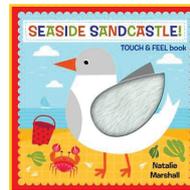
Featured Stories Program



Theme: Summer

Book title: SEASIDE SANDCASTLE – Touch & Feel

By Natalie Marshall



Using senses at the beach

You will need:

- You and your baby.

Instructions:

1. Visit the beach or a playground with a sandpit.
2. Spend some time with your baby feeling the sand and describing it to them “This is sand and it’s very soft. It’s fun to dig and play with.”
3. Help them feel the difference between wet sand and dry sand while talking about what they are feeling.
4. If age appropriate provide a few small containers or a bucket and spade for them to start digging or moving sand.

NOTE: Supervise your baby or child at all times near sand or water.

Adult supervision is essential. Involve and talk with your child as much as possible.

Further information

Spend some time feeling some other textures that you might find at the beach – towels, bathers, bucket and spade, etc. Supervise very closely any child who is still mouthing objects, especially if they are handling small items such as shells, stones or handfuls of sand.

Children need lots of sensory experiences to understand their world. Children discover and learn by using their five senses – sight, sound, smell, touch and taste. Supervised sand and water play are great sensory experiences for young children.

Babies learn about their world when using all their senses and engaging with a caring adult. Babies and children love interaction with others through play, talking, reading and singing, they don’t need lots of expensive toys.

Songs:

Here Is The Sea The Wavy Sea, Once I Caught A Fish Alive and Open Shut Them.

Key message

Children are born ready to learn.

Find booklists, tip sheets, nursery rhymes and activity and learning time sheets @

thelittlebigbookclub.com.au

