

# ACTIVITY TIME

## Let's Go On a Train

Rosalyn Albert and Natalia Moore

*Let's Go: On A Train* encourages children to explore the great outdoors. It is a fun and engaging read, perfect for little ones and early learners as they begin the years of discovery.

### Out and about

#### You will need:

- You and your baby.

#### What to do

1. Talk to your baby about the weather while you look out the window, pointing at the sky "Can you see clouds or sunshine?" "Is it raining today?" "Can you see the trees blowing in the wind?"
2. Ask your baby "Where shall we go for a walk today?" and "What do we need to wear?". Talk to them as you get them ready for your walk. "Let's put on a jacket. It is cold outside today".
3. Take your baby for a walk. Point and label trees, birds, clouds and talk to them about what they can see. "Can you see some leaves?" "Look at the cars" "Look over there, can you see the dog?"

### Talking with your baby

Babies need to hear lots of words before they can learn to talk. By listening to you and watching you talk they will start to make babbling sounds and in time begin to form words.

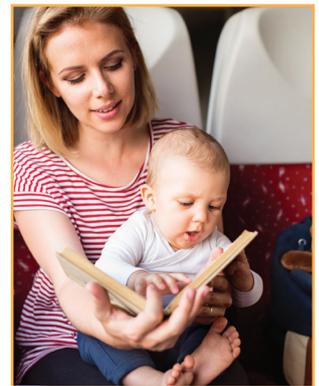
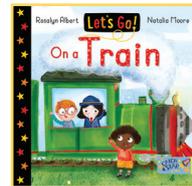
Having fun outside is a great way to engage your baby in talking about our environment and natural world. As you talk, your baby will start to notice all the different things around you and begin to learn words as you go.

### Songs to sing

"I Can Sing A Rainbow", "Rain is Falling Down", "It's Raining, It's Pouring".

### Key message:

Children learn from watching and copying.



**Adult supervision is required at all times when children play or are around water.**

