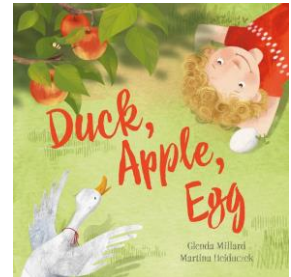


### Duck, Apple, Egg

By *Glenda Millard and Martina Heiduczek*



A gentle story with sweet illustrations about playing outside in the sunshine.

#### Key Message for Parents | Good nutrition, health and exercise are critical

- Good nutrition and exercise are necessary for optimal brain development.
- Picture books can reinforce positive messages of exercise and nutrition.
- Research shows exercise benefits brain development and produces new brain cells.

#### Australian Early Years Learning Framework (EYLF) | Outcome 4: Children are confident and involved learners

- Children transfer and adapt what they have learnt from one context to another
- Children develop dispositions for learning such as curiosity, creativity and imagination
- Children resource their own learning through connecting with people and place.

#### Welcome

Ask carers to write nametags for themselves and their children.

Welcome everyone, introduce yourself, remind adults to turn their mobile phones off and that there will be time for adults to chat after the story and songs.

#### Welcome Song (or your preferred song)

Have the words available as a handout or written on a board or butcher's paper for the adults to read and join in.

#### Good Morning

*Good morning to you*

*Good morning to you*

*Good morning everybody*

*and welcome to you!*

Find booklists, tip sheets, nursery rhymes and activity and learning time sheets @ [thelittlebigbookclub.com.au](http://thelittlebigbookclub.com.au)





## Song – Six Little Ducks

Display the words so the adults can join in and sing along too.

*Six little ducks that I once knew  
Fat ones, skinny ones, fair ones too  
But the one little duck with the feather on his back  
He led the others with his quack, quack, quack  
Quack, quack, quack-quack, quack, quack  
He led the others with his quack, quack, quack*

*Down to the river they would go  
Wibble wobble, wibble wobble to and fro  
But the one little duck with the feather on his back  
He led the others with a quack, quack, quack  
Quack, quack, quack-quack, quack, quack  
He led the others with his quack, quack, quack*

*Home from the river they would come  
Wibble wobble, wibble wobble, ho-hum-hum  
But the one little duck with the feather on his back  
He led the others with a quack, quack, quack  
Quack, quack, quack-quack, quack...*

**Welcome everyone! – Today's story is called Duck, Apple, Egg.**

## Before Reading

Show the children the cover of the book and ask them what they notice. *What do they think the story might be about? Who do they think are the characters in the story? Would they like to visit or meet the characters? Why/Why not?* Read the title of the story and begin.

## During Reading

As you read the story pause to consider the location of each of the five focus objects (duck, apple, egg, sun, me). Help the children to locate each of the objects in the pictures. On some pages, ask the children about the objects before reading the text – *Where is the egg? Can you see the duck now?* This will support children develop their own use of prepositions. (On, in, beneath, with and beside are the prepositions used in the story.) To encourage further engagement with the illustrations ask children questions such as, *How do you think the child is feeling? Would you like to try that? Would you like to visit that place? What do you think you would do if you were there? How do you think the duck is feeling? Ask the children what things they like to do outside.*



### After Reading

Drama and Music – Play the Apple Tree song and support children to mime actions to the song. E.g. Stand tall and reach up to grow, and curl up in a ball to be the seed, or pretend to dig and plant a seed.

### Apple Tree by Nancy Kopman

From the Album 'I Know I'll Grow' available on Spotify and iMusic.

*Apple tree, apple tree grow so high  
Grow until you touch the sky  
Grow red apples and green and yellow too  
Grow the way that you want to  
Grow the way that you want to*

*Plant your seed in the ground so carefully  
Plant your seed in the ground so carefully  
Plant you seed in the ground and by and by  
Your apple tree will touch the sky  
You apple tree will touch the sky*

*Grow until you touch the sky  
Grow red apples and green and yellow too  
Grow the way that you want to  
Grow the way that you want to*

*Give your seed lots of sun and keep it warm  
Give your seed lots of sun and keep it warm  
Give your seed lots of sun and by and by  
Your apple tree will touch the sky  
You apple tree will touch the sky*

*Apple tree, apple tree grow so high  
Grow until you touch the sky  
Grow red apples and green and yellow too  
Grow the way that you want to  
Grow the way that you want to*

*Give your seed lots of rain and water it  
Give your seed lots of rain and water it  
Give you seed lots of rain and by and by  
Your apple tree will touch the sky*

*Apple tree, apple tree grow so high  
Grow until you touch the sky  
Grow red apples and green and yellow too  
Grow the way that you want to  
Grow the way that you want to*

*We are all like the seeds of the apple tree  
We are all like the seeds of the apple tree*



*We are all like the seeds, we start small and we grow  
And by and by with lots of care we grow up high  
With lots of care we grow up high*

*Apple tree, apple tree grow so high  
Grow until you touch the sky  
Grow red apples and green and yellow too  
Grow the way that you want to  
Grow the way that you want to*

The song can be viewed on YouTube here (<https://www.youtube.com/watch?v=xv9bWvq2moo>) but we recommend not showing the children the video clip during the Story Time session so they have the opportunity to use their imagination and their body to create images and feelings in their mind.

#### Art – Apple Tree

Support children to paint or draw the trunk of a tree and a green ball of foliage at the top. (You may or may not want to focus on including branched). Provide a red novelty material such as spot stickers or mini pom poms for children to glue apples on to the tree.

#### Sensory Experience – Apple Tasting

Cut red, yellow and green apples and allow children to taste each colour and see what they notice.

Outdoors – Head outdoors and support and encourage children to explore the garden, notice small creatures, pick flowers and climb trees. Play Hide and Seek together. You could even hide an object, such as a toy egg, and take turns to find it.

#### **Extension Activities:**

Make apple pie!

#### **INGREDIENTS**

4 large Granny Smith Apples peeled and sliced thinly  
2 sheets of puff pastry  
1/2 cup brown sugar divided into 2 x 1/4 cups  
Large squeeze of honey  
1 pinch cinnamon  
1 pinch of nutmeg  
2 tablespoons of plain flour  
50 grams of butter or margarine  
Squeeze of lemon juice

#### **DIRECTIONS**

Preheat the oven to 180 degrees Celsius  
Line the pie tin with one sheet of puff pastry ensuring it comes up over the edges of the tin  
Peel and thinly slice the apples  
Place 1/2 of the apples in the tin



Sprinkle the apple with 1/4 cup brown sugar, a large squeeze of honey, 1/2 pinch of cinnamon and 1/2 pinch of nutmeg  
Top the tin up with the rest of the apples and the rest of the sugar (1/4 cup), plain flour and the butter or margarine (divide this up into small pieces)  
Sprinkle the contents with lemon juice  
Cover the top with another sheet of puff pastry  
Use a form to crimp the edges around the tin  
Use a little more brown sugar to sprinkle on the top and cut steam vents in the pastry  
Pop into the oven on a piece of baking paper in case of overflow and bake for one hour on 180 degrees Celsius – check about half way through  
Serves 6 using a 35mm pie tin

Preposition Game: Use a prop such as a toy duck and challenge children to take turns to follow the instructions. *Can you please place the duck on the chair. Put the duck beside a friend. Move the duck so it is under the table etc.* Alternatively, to involve all children at once ask them to follow the instructions using a particular part of their body. E.g. *Put your nose on your knee. Put your hand under a chair. Put your leg next to a book. Put a finger on your head.*

### Song – E Egg Song (Love to Sing)

<https://childrenlovetosing.com/kids-action-song/e-egg-egg-song/>

[https://www.youtube.com/watch?time\\_continue=73&v=JspgxGIHf84&feature=emb\\_title](https://www.youtube.com/watch?time_continue=73&v=JspgxGIHf84&feature=emb_title)

*On the farm  
There lives a hen  
And the hen  
She lays an egg*

### STEM Focus

Considering Birds' Nests

Share images of birds' nests with the children and a real nest if you come across a discarded one. Revisit the illustrations of the nest in the story. Tell the children you are going to make a bird's nest then facilitate a discussion about how to approach the task. *Why do birds make nests? What makes a nest a good nest? How do birds make nests? What materials do birds need? Where do they source their materials? What materials will you need? Where will you find the materials?*

Once you have selected and sourced the materials with the children continue the discussion. *How can we use these materials to create a nest? What will stop the nest from falling apart? How do birds make sure their nest doesn't fall apart?* Provide time for children to experiment with creating a nest. Reassure them that they don't need to create the perfect nest straight away. Encourage children to share their ideas with each other.

Once the nest have been created provide an opportunity for the students to display and share their nests and explain the design and building process they used with others.

### Goodbye

Conclude the session with some suggestions of books that parents might want to share with their children. The Little Big Book Club suggests the following books to support learning in this area. If



your library has copies, make them available for families to borrow or include them in your story time session.

For some more stories to share, we recommend the following titles:

- **The Perfect Nest** by Pamela Allen
- **Rosie's Walk** by Pat Hutchins
- **Dog on Log** by Tania Ingram

### Goodbye Song

Depending on the size of your group, you may wish to insert each child's name in the place of 'you' as it develops a more personal relationship between yourself, the child and the family.

Sung to the tune of (*Here We Go Round the Mulberry Bush*) or your choice.

### Goodbye

*This is the way we say goodbye (wave) say goodbye, say goodbye*

*This is the way we say goodbye to all our library friends (or) (to our friend...)!*