



The Bouncing Ball by Deborah Kelly and Georgia Perry

Theme: Let's Get Moving (Feb 2014)



Follow the adventures of the bouncing ball as it travels past the country and city, animals, cars, boys and girls, and let the journey continue in your imagination after the story has finished.

Key Message for Parents: Good Nutrition, Health And Exercise Are Critical

Research tells us healthy brain development is a result of consistent, caring relationships in stable, nurturing environments.

- Exercise can benefit brain development and learning.
- Stories are a great way to share the important messages of good nutrition, health and exercise
- Stories are a starting point for a variety of simple and fun activities that encourage healthy lifestyle choices

Learning Outcome 4: Children Are Confident And Involved Learners

We can promote this by providing opportunities where:

- Children can use play to imagine and explore ideas
- Children combine gross and fine motor movement and balance to participate in activities such as walking, running and dancing
- Children can use all of their senses to explore their natural environment

Welcome

Ask parents/carers to write nametags for themselves and their children. Welcome everyone! Introduce yourself and remind adults to turn their mobile phones off and that there will be time for adults to chat after the story and songs.

Sing - Welcome Song (or your preferred song)

Have the words available as a handout or written on a board or butcher's paper for the adults to read and join in.

Good Morning

*Good morning to you
Good morning to you
Good morning everybody
And welcome to you!*



Song

Everybody Clapping

Everybody clapping, clapping, clapping, everybody clapping just like me!

Everybody stamping, stamping, stamping, everybody stamping just like me!

Everybody bouncing, bouncing, bouncing, everybody bouncing just like me!

Everybody sitting, sitting, sitting, everybody sitting just like me!

Now let's get ready to read! Remind children about how good listeners listen to a story: sitting still, hands in your laps, lips still, ears open to listen and eyes on the book.

Before Reading

If you have the opportunity, you could show the children a ball, or a few balls of different sizes and colours. You could demonstrate what you can do with a ball and describe a ball using a range of descriptive words. The children may like to look at them, feel them, roll them, even bounce them. In this story a boy finds a ball. He picks it up. He bounces it. He turns it over and bounces it again. Demonstrate these things to show the children what each action looks like. Let's find out all about the journey of the bouncing ball.

During Reading

The bouncing ball goes on a journey. During the story you can hold a ball and do the actions such as 'picked it up, bounced it, turned it over, bounced it again'. You can take time to look at the pictures on each page. Each picture has been thoughtfully created using a collage technique and contains a range of details to look at and discuss. There are different settings to examine: the city, the country, a car park, a beach, a street, a drain, a park, a field, a jungle.

After Reading

Can you remember some of the places that the bouncing ball went?

Which place, or picture, was your favourite?

If you were a bouncing ball, where would you like to go?

At the end of the story, the ball might go to another place...where is another place that the ball could go next?

You can use some balls to do some movements together to music. You can choose fast music, or slow music, music from different places or cultures. If you can't use balls, you could use small bean bags or even streamers or scarves.



After Reading continued

Try to do the movements from the book. Can you...

- Pick it up
- Bounce it
- Turn it over
- Throw it high
- Catch it
- Drop it

You can also give directions to follow in a play space. Can you go...

- Under
- Through
- Between
- Down
- Up
- Over
- Under

You can take photos of children or adults doing each action and display them where appropriate so that you can return to the language of action and movement at other times.

Activity Time

Make a Sponge Ball

(<http://spoonful.com/crafts/sponge-ball-square-arms>)

What you will need. For each ball:

- 2 or 3 plain kitchen sponges
- Scissors
- Strong string



Picture 1



Picture 2

1. For each ball, use scissors to cut each sponge lengthwise into 5 strips about 3cm wide. Stack the strips as shown with the string under the stack of sponges (see Picture 1 above).
2. Loop the piece of strong string around the center of the stack to the front and pull very tightly. Double-knot the string and trim the excess. (See Picture 2 above)
3. You can throw, catch and roll your ball. You can even put your ball in some water and play a game with it with a friend. You could also put it in the bath. When you are finished you can squeeze out the water and let it dry.



Further Learning Time ideas

- Play activities outside with balls, hula hoops, skipping ropes, bats.
- Go to the park and use the equipment there, or borrow some sports equipment from a toy library to play with.
- Make a collage painting using paint and materials around you such as recyclables or objects from nature.

Goodbye

Conclude the session with some suggestions of relevant books that parents might want to borrow. The Little Big Book Club recommends the following books to support further learning:

- Press Here by Herve Tullet
- Boom Bah! by Phil Cummings and Nina Rycroft
- I'm A Dirty Dinosaur by Janeen Brian and Ann James

Goodbye Song

Depending on the size of your group, you may wish to insert each child's name in the last line rather than 'library friends' as it develops a more personal relationship between yourself, the child and the family.

Sung to the tune of (Here We Go Round the Mulberry Bush) **or** your preferred choice.

Goodbye song

This is the way we say goodbye (use a waving action)

Say goodbye, say goodbye

This is the way we say goodbye

To all our library friends (**or**) to our friend.....)